

1 **A Framework for Managing Building Construction Technology for**  
2 **the Campus Owner through a Building Design Sustainability**  
3 **Safety and Maintainability Assessment System**

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7 **Abstract.** The design of modern buildings must account for constructability,  
8 buildability, sustainability safety and maintainability. At present, these concepts  
9 are tracked and applied in an uncoordinated way and the resulting missed  
10 opportunity for increased resource usage is not realized. The research proposes  
11 a framework for a coordinated application of these concepts for the campus  
12 owner.

13 **Keywords:** Constructability, Buildability, Sustainability, maintainability,  
14 Safety.

15 **1 Introduction**

16 Being more efficient and wise with resources, sustainability is vital to life and the  
17 environment. Sustainability has crept into every facet of modern life including building  
18 design and construction. The proliferation and maturation of sustainable building rating  
19 systems demonstrates the acceptance of sustainable design and construction. In  
20 addition to rating systems for sustainability, rating systems to gauge the constructability  
21 and buildability of completed designs are also in use around the world. Considering  
22 the concepts of sustainability (Su), constructability (Co) and buildability (B) in the  
23 design and construction phases may lead to successfully delivering a building to an  
24 owner, but the success of a construction project does not conclude at the end of  
25 construction or owner occupancy. Maintenance of a building is required for the  
26 building to operate as designed and at its optimal performance. The ease of  
27 maintenance throughout the life of the facility must be an element considered when  
28 determining the success of a project. In other words, the project must be maintainable.  
29 A further aspect of a maintainable design is the design must be safe to maintain

30 When a single owner has many facilities of the same or different building types, the  
31 buildings establish a campus for that owner. For the campus owner, the importance of  
32 a consistent application of Co, B, Su maintainability (M), and safety (Sa) in design  
33 cannot be overstated. The impacts of these design and construction decisions can be  
34 significant for the individual building. However, for the campus owner, they are  
35 multiplied many fold. A small savings in construction cost or maintenance down time

36 multiplied over many buildings can result in great savings in time and resources. The  
37 campus owner needs a structured framework for the application and tracking of these  
38 independent and synergistic concepts in the design, construction and maintenance of  
39 their completed projects. Through the use of subject matter expert (SME) focus groups  
40 and an online survey of designers, constructors, authorities having jurisdiction (AHJ),  
41 and campus owner's representatives, this research will delineate a framework for use  
42 in the design process that could provide structure to the consideration of the relationship  
43 between these separate concepts.

## 44 **2 Target Population and SME's**

45 The target campus owner for this research is the State University and Community  
46 College system in the southeastern US. Each campus includes many buildings and  
47 many different building types. Buildings as diverse as student centers, dormitories,  
48 laboratories, classroom buildings, dining halls, recreational facilities, sports facilities,  
49 energy plants and maintenance facilities could all be on the same campus including  
50 multiple buildings of one type. Each of these facilities must have a designer,  
51 constructor, operation staff, and maintenance staff in addition to the intended building  
52 users and operating departments. The SMEs will be architects, licensed contractors,  
53 campus owner personnel (project managers, facility managers and maintenance  
54 workers) and AHJ's.

## 55 **3 Discussion**

56 The owner of a facility is required to provide a safe work environment as enumerated  
57 in the Occupations Health Act of 1970. State governments are exempt from the rules  
58 and regulations of the OSH Act, however, they must create and submit a plan specific  
59 for the jurisdiction and obtain approval on how they are to provide the protections  
60 afforded by the Act. In addition, the universities included in this research have  
61 maintenance workers on staff. As these maintenance workers are part of the normal  
62 work force, they are expected occupants of the completed facility. Addressing their Sa  
63 within the work environment during the design phase of buildings is required.

64 Prevention through Design (PtD) is an initiative from the National Institute for  
65 Occupational Safety and Health (NIOSH) and is defined as encompassing "all of the  
66 efforts to anticipate and design out hazards to workers in facilities, work methods and  
67 operations, processes, equipment, tools, products, new technologies, and the  
68 organization of work." The focus of PtD is on workers who execute the designs or have  
69 to work with the products of the design. The initiative has been developed to support  
70 designing out hazards, the most reliable and effective type of prevention [1]."

71 The idea of reviewing the role of designers in PtD arose in 1990, aimed at the Sa of  
72 the construction worker. The design community (architects and engineers) resisted  
73 being involved in construction Sa with many designers commenting that legal counsel  
74 had specifically advised them not to address Sa in order to avoid the assumption of any  
75 liability [2].

76 The underlying concept establishes the campus owner's requirement by law to  
77 provide a safe work place to their employees and that obligation transfers an obligation  
78 to the architect. The obligations of the owner encompass the maintenance staff.

79 The World Commission on Environment and Development [3], was challenged to  
80 define "a global agenda for change." In their report, more commonly known as the  
81 Brundtland Commission, they created the most widely accepted definition of  
82 sustainable development as "development that meets the needs of the present without  
83 compromising the ability of future generations to meet their own needs." Su is a broad  
84 concept that encompasses "continuity of economic considerations, resource  
85 conservation, and social aspects of human society in addition to the environmental  
86 characteristics [4]." To assist building designers to achieve a balance of economic  
87 and social needs, designers use Su-rating systems for building design. Behm, Lentz,  
88 Heidel and Gambatese [5] argue that a building is not sustainable without being safe to  
89 construct. To extend this idea further, a building is not sustainable without being safe  
90 to maintain.

91 Constructability reviews are a good method for introducing construction knowledge  
92 into the initial phases of the design process. The Construction Industry Institute defines  
93 Co as "the integration of construction knowledge in the design process in an attempt to  
94 provide efficient use of resources, increase ease of construction and optimize the project  
95 requirements." Many studies [6] [7] [8] [9] [10] [11] have addressed the concept within  
96 the design firm since its introduction in the 1970's [12].

97 The Building and Construction Authority [13] in Singapore provide a definition of  
98 B as "the extent to which a design facilitates ease of construction as well as the extent  
99 to which the adoption of construction techniques and processes affects the productivity  
100 level of building works." "Any principles or philosophies of B must sit within a set of  
101 overall requirements for the completed building, which may in some cases be in conflict  
102 with the principles of B. This is to say that the overall project goals may actually restrict  
103 the B of the project, such the heuristic principles of B may not necessarily be  
104 appropriate in all cases [14]." In other words, B must be coordinated with other aspects  
105 of building design such as the program, Su and M.

106 Seeley [15] defines building maintenance as "any work carried out to sustain the  
107 building's utility and value by keeping, restoring or improving every building's parts,  
108 including its services and surroundings, to an up-to-date standard." An expansion of  
109 building maintenance is M. M is a design parameter of the system's 'ability' to be  
110 maintained in its effective and efficient state, without adversely affecting the mission  
111 of the system. The implications for the design phase are to make adjustments early in  
112 the process to minimize cost and effort.

113 As with any construction project, an AHJ must review the completed design for  
114 conformance to buildings codes. "Authorities having jurisdiction (AHJs) include  
115 building code officials, zoning officials, inspectors, and regulatory agencies [16]."

116 Asmone and Chew [17] have explored a multi-criteria assessment system for  
117 managing the synergistic relationship between M and Su. The timing of construction  
118 knowledge input from the constructor in the Co review is vitally important to the design  
119 team. The results of the Co review permit the design team to design, to make  
120 adjustments and document a buildable design at the most cost effective manner. The

121 materials selected in the design process will have a great impact on the Co, B, Su, M,  
122 and maintenance worker Sa. Chew instructs [18] “M of a building is its ability to  
123 perform optimally throughout the lifespan within the minimum life cycle cost.” In  
124 other words, minimizing the life cycle costs can be achieved by combining Su and M  
125 producing green M. Chew, Conejos and Asmone [19] state “green M occurs with  
126 sustainable development strategies and is defined as making maintenance more  
127 environmentally benign by ensuring that maintenance has minimal negative impacts  
128 while ensuring the protection, health and safety of maintenance personnel.”

129 The concepts of Co and B are inextricably linked. Using the Building and  
130 Construction Authority’s (BDA) definition for B as the accepted definition for Co, it is  
131 easy to see that the efficiency and ease of construction optimize resource usage while  
132 integrating construction knowledge into the design process. Subsumed within the  
133 efficient use of resources are the concepts of Su, M as well as Sa.

134 At present designers, specifically architects do not address Sa of the maintenance  
135 worker. The maintenance of a completed facility is an expected necessity; therefore,  
136 the maintenance worker is a normal occupant of the completed facility for the purposes  
137 of this research. As such, the inclusion of the Sa requirements for the maintenance  
138 worker along with the Co, B, M, and Su aspects of the architectural design process will  
139 enhance the effectiveness of each of these aspects.

140 There is no single tool to document the coordinated application of these separate but  
141 synergistic concepts which allows the campus owner to monitor the progress toward  
142 the owners set goals for each of these concepts. The building design sustainability  
143 safety and maintainability assessment system (BDSSMAS) integrates the separate  
144 functions Co, B, Su, M and maintenance worker Sa into one system for the campus  
145 owner. At present, tracking each of the concepts is done individually or not at all  
146 and misses the opportunities offered by an integrated synergistic process. There are a  
147 myriad of benefits from integrating these functions into one process such as; reviewing  
148 building design documents and Co review suggestions against the other factors to  
149 educate the decision makers of the impact the suggestion has on the required overall  
150 score and other factors.

151 A unifying system for the application, tracking and synergistically managing Co, B,  
152 Su, M, and maintenance worker Sa does not exist for the campus owner when designing  
153 new construction projects. To address the lack of a unifying system, this research will  
154 demonstrate one possible framework for managing the technological synergistic  
155 relationship and integration of the five aspects (Co, B, Su, M and Sa) into the design of  
156 buildings resulting in more thoughtful and sustainable use of the technology necessary  
157 for the design and construction of buildings. The design of buildings must account for  
158 technology at an ever-increasing pace according to Moore’s Law and the science of  
159 building construction is progressing just as quickly. A framework is required to  
160 maintain focus on the different aspects of integrating the technologies of Co, B, Su and  
161 Sa maintenance into the completed design.

162 Model such as the Conceptual Product Process Matrix (CPPMM) model introduces  
163 the issue of Co comment timing in to the design process [20]. The CPPMM model  
164 determines the appropriate time in the design process to review Co issues based on the  
165 particular phase of the design. Incorporated into the CPPMM, is the influence curve.

166 As defined by Hollmann [21], the influence curve represents “the potential to influence  
167 the value of an asset diminishes as asset planning and implementation progress.” In  
168 other words, the earlier a decision is made in the design process, the more the potential  
169 disruption is lessened. Conversely, the later in the design process a decision is made,  
170 the greater the potential for disruption to the project, from either a cost, time or materials  
171 usage perspective.

172 Another method for documenting Co is the buildable score card used in Singapore.  
173 This is a method of determining a minimum B rating for a project. The Building Design  
174 Appraisal System (BDAS) determines a minimum score for building designs before  
175 issuing a building permit [22]. The BDAS is a type of Total Building Performance  
176 rating system. “Because each stage in the design process includes decisions that carry  
177 forward through the project, changes to previously approved decisions incur additional  
178 costs [23]”. Evaluating the Co of the design after it has been completed fails to utilize  
179 the lessons of the time-safety influence curve [24]. In addition, changes in the latter  
180 stages of design increase the possibility of errors in the documents used for bidding and  
181 construction. Pulaski and Horman [20] state there is a demonstrated desire for Co  
182 review efforts within the design firms demonstrated by 50% of the design firms having  
183 a formal Co review program. Arditi, Elhassan and Toklu [5] report 95.7% of the  
184 respondents (designers) are aware of the term Co. In addition to Co, B is another  
185 concept best utilized throughout the design process.

#### 186 **4 Proposed BDSSMAS System**

187 The BDSSMAS will utilize a point system to reward achievement similar to the  
188 USGBC LEED rating system. Utilizing accepted industry criteria to establish the  
189 minimum requirements for the designs. The baseline energy model along with the  
190 minimum performance requirements and benchmarks for additional points will be  
191 established by ASHRAE 90.1 Energy Standard for Buildings Except Low-Rise  
192 Residential Buildings. Achieving efficiencies over the base line such as greater  
193 efficiencies of ten percent, twenty percent and thirty percent achieve additional point  
194 rewards toward meeting the minimum point total established by the owner. Similar  
195 rewards are available for construction time increases resulting from efficiency in the  
196 use of materials achieved by prefabrication and preassembly. Any reductions in labor  
197 achieved through prefabrication, preassembly and repeatability of design details will  
198 receive points. To address construction worker Sa, the PtD concept will be included as  
199 part of the designers’ responsibility to the owner. The campus owner will specify the  
200 required total points the design team must achieve before permitting the building design  
201 to proceed into the next phase.

202 There are two main parts to the BDSSMAS, 1) an excel spreadsheet and 2)  
203 individual word documents. The spreadsheet provides a method for accounting for the  
204 points achieved. The points are awarded based on meeting the goals established by the  
205 owner such as; energy efficiency greater than the based line in ASHRAE 90.1,  
206 prefabrication, Panelization, standardized structural grid, etc. These point totals are

207 documented in the meeting agendas in the system and the spreadsheet tracks the total  
208 points for the phase.

209 The word documents are the meeting minutes and decisions recorded for each  
210 segment of the BDSSMAS. During the design process, the designer must document  
211 meeting discussions based on the meeting agenda in the system reviewing the design  
212 decisions against Co, B, Su, Sa, and M. Also, the constructor must include in their Co  
213 review, spaces for comments by others (designer and owner) on the effect of the Co  
214 comment on B, Su, Sa and M. This will ensure the design decisions and the Co review  
215 comments are considered in light of the other concepts.

## 216 **5 Research Objectives**

217 The literature illustrates a gap in the available tools for the campus owner to manage  
218 the technologies used in the construction of their buildings in a systematic fashion. The  
219 body of literature has demonstrated the benefits of Co reviews, B reviews, Su design  
220 and construction practices, M, and Sa in design. Currently, designers apply these  
221 different aspects of building design separately and inconsistently. However, the  
222 literature also shows little research has been conducted on a single model to combine  
223 Co, B, Su, M, and Sa. Therefore, this research will examine the following questions;

- 224 • Will providing a unifying system to manage Co, B, Su, M, and maintenance worker  
225 Sa result in more efficient use of resources?
- 226 • Will the application of the BDSSMAS result in a more consistent application of Co?
- 227 • Will the application of the BDSSMAS result in a more consistent application of B?
- 228 • Will the application of the BDSSMAS result in a more consistent application of Su?
- 229 • Will the application of the BDSSMAS result in a more consistent application of M?
- 230 • Will the application of the BDSSMAS result in safer buildings to maintain?
- 231 • Will the application of the BDSSMAS result in lower construction costs?
- 232 • Will the application of the BDSSMAS result in shorter construction schedules?

233 The mechanism to answer these questions will be through SME focus group  
234 discussions and an online survey to gauge the SME's opinions on the viability of a  
235 system to require designers to address the synergistic relations between Co, B, Su, M,  
236 and Sa for the maintenance worker.

## 237 **6 Methodology**

238 This research will be conducted using a sequential mixed methods model. A qualitative  
239 focus group phase will be followed by a quantitative survey phase. Kidd and Parshall  
240 [25] state “the overall sequence of qualitative exploration and theory development with  
241 subsequent use of quantitative data in a more confirmatory mode is fairly  
242 conventional.” The BDSSMAS will utilize the best practices in Co, B, Su, M,  
243 maintenance worker Sa and conducted as a mixed methods research design. Creswell  
244 [26] explains the exploratory mixed methods design as a method in which the “first  
245 phase begins by exploring the qualitative data and analysis and then uses the findings

246 in a second quantitative phase.” Each of the phases will utilize different sampling  
 247 techniques. The qualitative phase will utilize purposive sampling and the quantitative  
 248 sampling will utilize convenience sampling.

249 The qualitative phase will be a series of scoping focus groups. As defined by  
 250 Kaplowitz, Lupi and Hoehn [27] a scoping focus group is a questionnaire based design  
 251 to “study the range of participant’s responses of concepts being assessed.”

252 Homogeneous focus groups will be assembled representing architects, constructors,  
 253 AHJ, and campus owner representatives (project managers and facility maintenance  
 254 personnel). Limited demographic data on the composition of the focus group will be  
 255 collected to gauge the breadth of experience represented.

256 This phase of the research will employ the “micro-interlocutor” technique  
 257 recommended by Onwuegbuzie, Dickerson, Leech and Zoran [28]. The technique  
 258 accounts for the differences between SME participants’ choices to remain silent or  
 259 acquiesce to a more dominant member. The data obtained from the focus group may  
 260 indicate the consensus view of the group but may indicate little about the different  
 261 views expressed within the discussion. Therefore, examining the level of consensus  
 262 within the group may provide richer data by examining the proportions in agreement,  
 263 in opposition or noncommittal to the consensus view. In addition, the descriptive  
 264 statistics on the consensus reached will be included in the analysis.

265 The second phase of this research will be an online survey. Demographic  
 266 information such as years of experience, familiarity with the concepts, gender, and  
 267 education level will used to demonstrate breadth of knowledge across the SME groups.  
 268 The collected data from the survey will be analyzed using Factorial ANCOVA  
 269 statistical test. The SME groups will be the independent variables. The institutions and  
 270 staes will be the covariates. The completed research will include descriptive statistics  
 271 for each SME group.

272 The research is expected to provide confirmation that a more effective method of  
 273 incorporating Co, B, Su, M, and Sa into the building design process will result in better  
 274 efficiency in the use of materials, reduce construction costs, reduce construction  
 275 schedules, and increase Sa through the implementation of the BDSSMAS.

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